

Visiting Monomoy Wilderness and the Islands of Monomoy National Wildlife Refuge

3,244 acres of Monomoy National Wildlife Refuge are designated as Wilderness, to protect its unique character as a wild place where humans are visitors who do not remain. Please enjoy recommended wildlife-dependent activities, and respect posted regulations.



Observe migratory birds and other wildlife



Fish with a state permit and clam with a Town of Chatham permit, respect posted closed areas. Horseshoe crab and mussel harvesting is not permitted.



Walk on beaches outside of closed areas and in the Monomoy Wilderness



Dogs are never allowed on North Monomoy, South Monomoy, or Minimoy Islands



Give space to wildlife: stay 150 feet from seals, respect posted signs, and walk around shorebird flocks



Practice leaving no trace. Pack in and pack out all trash and belongings. Fires are not allowed.



Protect wildlife and preserve solitude for other visitors. Leave the following at home, please:

Beach tents and umbrellas
Grills and large picnics

Radios/music
Ball sports and kite flying



Refuge open 30 min before sunrise to 30 min after sunset. Additional regulations are in effect.
For more information, contact the refuge. [fws.gov/refuge/monomoy](https://www.fws.gov/refuge/monomoy) (508) 945-0594